

Faith Press

GREENSBORO, NORTH CAROLINA

Volume 4. No. 11 December 2014

Dear Friends,



As the nights grow longer and the wind blows colder in our corner of the globe, we light candles to remind us of the Light which shines in the darkness – never dimmed in bringing hope, love, joy, and peace to all people.

We will light the candles in worship, but we want you to bring this tradition into your own home. Light the candles on your dinner table or mantle. Use them to bring grace to your meal or peace as you wind down from the day with a good book.

You may light the candles with your family, with your friends, or as a personal act of faithfulness and hope. If you need candles, please call the church. We made votive candles for advent to give to every member of the congregation. I would be happy to bring them to you or send them with another friend.

Light the candles. Warm the blankets. Open your hearts. The Messiah is coming!

Grace and peace,

The First Week of Advent – Hope

Scripture - Mark 13:24-37

The Second Week of Advent - Love

Scripture – Isaiah 40:1-11

The Third Week of Advent - Joy

Scriptures – Isaiah 61:1-4, 8-11; John 1:6-8, 19-28

The Fourth Week of Advent - Peace

Scripture - Luke 1:26-38

Christmas Eve and Christmas Day

Scripture - Luke 2:1-20

We give thanks for the light of Christ, shining in the lives of all God's people.

On the first Sunday of Advent and following weeks: With the prophets Isaiah and Jeremiah, we watch and wait for the coming of Christ who will bring light and peace to all the world.

Light the first candle.

On the second Sunday of Advent and following weeks: With John the Baptist, we cry out in the wilderness: "Prepare the way of the Lord! Repent, for the kingdom of heaven has come near."

Light the second candle.

On the third Sunday of Advent and following weeks: With Mary, the mother of Jesus, we rejoice, for the Mighty One has done great things for us. How holy is God's name!

Light the third candle.

On the fourth Sunday of Advent and following weeks: With Matthew, Mark, Luke, and John, we tell the story of Jesus, the child of Bethlehem, who came to save us, and is coming again in glory.

Light the fourth candle.

On Christmas Eve and Christmas Day: With the choirs of angels, we sing: "Glory to God in the highest,

and peace to all people on earth!"

Light the center candle

Candle lighting liturgy from the PCUSA Office of Theology and Worship, "Lighting the Advent Candles with Children."



Benediction -

"I Am Present in the Wait" – by Kelly Hall

I am present in the wait. and I bless your longing to recall days of agreement, of certainty where light roamed freely and we interacted and exchanged effortlessly deep inside, the memory is still there... those days in the womb of eden where I fed you and warmed you and attended all your needs. where we touched unceasingly and you truly felt Me. things are different, I know. rest assured, I bless it. even during seasons where the light is dim, My presence remains prompting seers to lead the blind, to take up hands with those paralyzed and wait for a great unseen. the waters will break, the passageway will open and just as I promised... He will come. Rest assured, He is coming.

This is the poem for the visual benediction offered in worship on the first Sunday of Advent.



"Birth Giver" – by Kelly Ann Hall

blessed are the visionaries, who agreed to My foresight, and kept eyes for this day; the yet-to-be has been their company.

blessed is the light-bearer, the host who agreed to My Spirit, who carried My Light in darkness; we will birth together, and our child will carry My torch.

blessed are those who serve with wisdom, who midwife My coming and witness hope as it crowns; they will be the first to see His radiance.

blessed are those who gift their hearts with tenderness and joy;
I will open them each day, and fill them to give again:

blessed are those who love blessed are those who host the poor blessed are those with arms for children blessed are those who are meek and mild blessed are those who seek My guidance blessed are those who awaken to life blessed are those oblivious to hate blessed are those who move with Me blessed are those who know Me... and those who don't.

My Light is gentle but strong, it covers My people, settles and secures them. because they ache to receive Me and I long to liberate them from fear. Warm the blankets, open your arms, prepare your hearts, the Messiah has come!

This is the poem for the visual benediction offered in worship on the fourth Sunday of Advent.

Your Church Staff & Leaders

Pastoral Team

Pastor: Rev. Karen Ware Jackson
Pastoral Team: Rev. Jim Rissmiller
Director of Music: Stephanie Lindley
Parish Nurse: Lois Bazhaw, RN

Child Care Coordinator: Michelle Watkins Office Administrator: Beverly Lucas

Officers and Leaders

Class of 2014

Lindsey Brown: Congregational Care/Outreach Bonnie Maready: Christian Ed & Clerk of Session

Class of 2015

Betty Rissmiller: Worship Betsy Rule: Missions

Class of 2016

Graham Pope: Buildings and Grounds

Bob Waugh: Stewardship

Treasurer: Tim Maher

Social Work Intern: Shay Freedman

Treasurer's Report

Year to Date	1/1/14	to	11/14/14
INCOME	Actual	Budgeted	Difference
TOTAL INCOME	\$94,953.95	\$78,172.50	\$16,781.45
EXPENSES	Actual	Budgeted	Difference
TOTAL EXPENSES	\$90,209.17	\$87,622.50	-\$2,586.67
OVERALL TOTAL	\$4,744.78	-\$9,450.00	\$14,194.78

Year to date actual income exceeds expenses because of the memorial donations we have received this year.

30 Day Report INCOME TOTAL INCOME	9/14/14	to	11/14/14
	Actual	Budgeted	Difference
	\$13,761.53	\$7,557.08	\$6,204.45
EXPENSES	Actual	Budgeted	Difference
TOTAL EXPENSES	\$10,134.01	\$8,470.62	-\$1,663.39
OVERALL TOTAL	\$3,627.52	-\$913.54	\$4,541.06

The difference for income for the month can be attributed to receiving memorial gifts. Expenses were higher due to the payment of several insurance policy premiums.



DECEMBER BIRTHDAYS!

2-Dec

Jack Hogan

8	
David Battle	6-Dec
Gail Gardner	14-Dec

Karen Ware Jackson 23-Dec

Prayer Concerns

Please Note: The office makes every effort to keep this list current and accurate. We need your help to ensure that. If you know of changes, please let the office know! You can e-mail us at:

faithpresgsonc@gmail.com, call the office (336.292.5704), or use our new online prayer request form:

http://www.faithpresgso.org/prayer-requests.html

Erich Bordne's Family	'Cile Gorman	Marge Mack
Priscilla Christiansen	Pat Greeson	Pat Magnuson
Kevin Cook	Helen Hall	Andy Moye
Del Cumbie's Family	Harold Henderson	Larry Murren
Fran Cuthbertson	Bob Huffine's Family	Georgia Renfrow
Bonnie Evans	Maxine Huffines Heath's Family	Stephen Ware (Rev.
		Karen Ware Jackson's
		Father)



Homebound Communion is offered a minimum of twice per year – during Lent and Advent. Any person wishing to receive communion at other times than these is welcome to call the church office to make the request.

New Community Outreach Drive!

We are collecting used winter coats/winter accessories in the green hamper near where we collect eye glasses/pill bottles.

G.U.M Food

Please place your non-perishable items in the basket marked "Please Fill Me Up Again – GUM Loves Faith" in the Narthex.

Pennies for Hunger Fourth Sunday – December 21st

Come forward during the final hymn during worship with your donations to this most worthy cause.

Pastor's Discretionary Fund

Please consider donating to this fund to assist with our ongoing ministry needs!

Dear Faith Friends,

By now I'm sure you all know that I am retiring effective the end of this year. I've been with you for 9 ½ years and worked with three installed pastors and two interims, four secretaries and four music directors so maybe it's OK that your first Congregational Nurse retire too. Health Ministry will still be around. Remember those goals the Health Ministry submitted to the Session, they were approved. The committee's using those goals to guide the ministry into the new year. Goal #1—Finding ways to support those in need. – The "Rice for the Refugees" drive is a good start in fulfilling that one. Goal #2 – Have a program on the topic of Depression.--I have a call in to the Mental Health Association for a speaker to talk on that topic at the end of January, 2015. Goal #3- Join "Partners in Health and Wholeness".—Our packet of information for "Partners in Health and Wholeness" has arrived. Through a relationship with this organization, there are challenge grants and the money can be used for program development. Congregational Nursing Program has Lay Health Coach training. Through this relationship the church could receive training and support to keep a lay ministry going until such time as the church is ready to call another Congregational Nurse.

I'm using my door as another bulletin board. I've finally posted the 10- tips for Healthy Holiday eating and another from WebMD 10 Tips for Healthy Holiday Parties. If you want a copy, I'll try to make that happen. Please let me know.

BUG OFF! Reduce your chances of getting a cold and the flu this season. 4 Ways:

- 1. If you haven't already done so, GET YOUR FLU SHOT.
- 2. Wash Your Hands—many respiratory diseases are spread by touch. Wash your hands frequently with soap and water and don't rush. 15 to 20 seconds is what it takes to do a good job. Sing Happy Birthday twice. Alcohol-based hand sanitizers are an effective alternative.
- 3. Cough carefully. Cover coughs and sneezes which spray contagious microscopic droplets from the nose and mouth. Use a tissue and toss it away. Or cover your mouth and nose with the crook of your elbow.
- 4. Keep your distance. Steer clear of people you know are sick. Stay at home if you are sick. A fever indicates you have something more than a cold. Remain at home until you've been fever-free for 24 hours without the help of fever-reducing meds.

 Information from WebMD

Blessings,

Lois

Events in December:

- Health Ministry Committee meets at 10:45 AM on December 2nd in my office. We'd love to have you join us.
- Lois is in office on Tuesdays from 9 AM to 1PM.
- Chair exercise is on Tuesdays at 10:00 AM in the Choir Room. This class is open to all.

Session Highlights: November 9th Meeting

- New Facebook Advertising is taking place for Faith.
- The Nominating Committee is working to secure a slate of nominees for Elders.
- Memorial donations will be used to purchase copies of the new hymnal "Glory to God".
- Continuing exploration for church building rentals.
- New brochures for Weddings, Bereavement Services are in progress.
- New time for Christmas Eve Service to be held is 5:00 p.m.
- Lois Bazhaw, Parish Nurse, submitted her letter of resignation effective December 31, 2014.

The next Session Meeting is Sunday, December 14th, at 5:00

DECEMBER WORSHIP CALENDAR			
Date	Lectionary Texts	Sermon Topic	Additional Notes
December 7	Isa. 40:1-11; <i>Ps.</i> 85:1-2, 8-13 2 Peter 3:8-15a; Mark 1:1-8	TBA	Communion, 2 nd Sunday of Advent
December 14	Isa. 61:1-4, 8-11; <i>Ps. 126</i> or <i>Luke</i> 1:46b-55; Thess. 5:16-24 John 1:6-8, 19-28	TBA	3 rd Sunday of Advent
December 21	2 Sam. 7:1-11, 16; Luke 1:46b-55 or Ps. 89:1-4m 19-26; Rom. 16:25-27 Luke 1:26-38	TBA	4 th Sunday of Advent
December 24	Isa. 9:2-7, <i>Ps. 96</i> Titus 2:11-14, Luke 2:1-14 (15-20)	TBA	5:00 p.m. Christmas Eve Service
December 28	Isa. 61:10-62:3; <i>Ps. 148;</i> Gal. 4:4-7; Luke 2:22-40	TBA	Pennies for Hunger

DECEMBER 2014 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	7:30 p.m Theology on Tap	9:30 — Parish Nurse 10:00- Chair Exercise 10:45 — Health Ministry 2:00 p.m. — Social Media Workshop		8:oo pm – Nar- cotics Anony- mous	8:00 pm – Narcotics Anonymous	
7	8	9	10	11	12	13
9:30 — Sunday School 10:30 - Coffee & Conversation 11:00 — Worship and Communion 7:00 pm- Choir Rehearsal		9:30 — Parish Nurse 10:00- Chair Exercise 11:00- Faith Circle		8:oo pm – Narcotics Anonymous	8:00 pm – Narcotics Anonymous	
14	15	16	17	18	19	20
9:30 — Sunday School 10:30 - Coffee & Conversation 11:00 — Worship 12:00 pm - Fellowship Brunch 5:00 pm- Session Meeting 7:00 pm- Choir Rehearsal	7:30 p.m Theology on Tap	9:30-Parish Nurse 10:00-Chair Exercise		8:00 pm - Narcotics Anonymous	8:00 pm – Narcotics Anonymous	
21	22	23	24	25	26	27
9:30 — Sunday School 10:30 - Coffee & Conversation 11:00 —Worship 7:00 pm- Choir Rehearsal		9:30 – Parish Nurse 10:00- Chair Exercise	5:00 p.m.— Christmas Eve Service	Christmas Day: Church Closed 8:00 pm – Narcotics Anonymous	8:00 pm – Narcotics Anonymous	
28	29	30	31		<u> </u>	<u> </u>
9:30 – Sunday School 10:30-Coffee & Conversation 11:00 – Worship and Pennies for Hunger 7:00 pm- Choir Rehearsal	7:30 p.m Theology on Tap	9:30—Parish Nurse 10:00-Chair Exercise				

Communion of the Saints, Part 18 Garth and Inky Payne

There's more than one side to this unique couple



the pictures as I've included show. My visit with Garth and Isabelle (Inky) Payne was lightful and can't wait to share their story.

Garth was born in a log cabin on November 24, 1929 in Surry County to Gold Hobson Payne and Margaret Mae Hampton Payne, the third of their four children. Margaret's father was an old country doctor who prayed with his patients before he treated them. Gold was a prison guard and rode "shot gun" as they transported prisoners. The prisoners would be in the truck bed and Garth's father would be in a trailer behind the truck pointing a shot gun at the prisoners. Garth was raised on a farm 12 miles from the nearest town. Due to his late birth day, he had a late start in school. Then the local school burned down and when he finally went back, this time to another school, he was two years older than the others in the class. Garth again laughed and said, "They called me a dummy." Not too dumb though, he said he went to UNC Chapel Hill and majored in "Women". Garth laughed, then told me his major was Business Administration—Production Management. He was offered a job as an insurance adjustor when

he was 1 credit short of graduating. He took the job with the promise of completing his degree. Garth loved the work and was doing it so well and was kept so busy that the company told him they didn't care if he finished his degree or not. He didn't. At a very early age Garth loved cars. He loved to "tinker" with cars, any car. Garth was driving Model A at 11 years old and drove a school bus at 15. As a youth he went to a stock car track in Mt. Airy just to see how fast he could go. Garth collects cars and has 110 of them. Garth admits he can't look at them all much less drive them. He looked over at Inky and said, "Inky is my real treasure." Now Garth told me some other very interesting tidbits, like his parents abandoned him on the side of the road and he was picked up by some gypsies, but I'm sticking to what I've written above. Some of Garth's achievements include Guilford College Civitan President, Chairman of Board of Management Guilford College YMCA, and while singing in the Greensboro Tarheel chorus he received the 2001 Barbershopper of the year award.

Inky was born March 30, 1936 to Laura Jane and Mitch Ingram. Her parents were both educators as are all five of their daughters. Inky's father was in WWI. He encouraged all the children to memorize "In Flanders Field". As proof of that, Inky began reciting the poem and continued all the way to the very end. When WWII came along her father volunteered to go

to Washington, D.C. as a cryptographer. Inky's mother graduated from college at the age of 18. "She was a real Victorian Lady". Inky went to Women's College in Greensboro and received her teaching degree. She also received post-graduate degrees, an MS and EDS. Inky taught in public school system for 33 years. In 1968 she volunteered to teach in an African American school. For this she was awarded the "Human Relations Award", an award she greatly treasures. Inky's interests include playing bridge and reading books.

So how did these two meet? Garth came down to Greensboro, to live with his brother Gilmer who was on the Highway Patrol and lived at the Hanes-Lineberry funeral home. The funeral home liked having the police living there for security reasons. Garth says he was just one more body. Garth ended up driving the ambulance. Garth and Inky met on a blind date. Garth actually had a date with a girl who lived down the hall from Inky. The girl's parents came in to town unexpectedly and she asked Inky if she would like to go on the date in her place. Inky agreed and from then on they just kept dating. Two and a half years later, on June 22, 1957, they married, just a week after she graduated from Women's College. Their union produced a daughter, Sandra Haygood who is a special attorney for the U.S. government and a son, Dr. Hampton Payne, who is in mathematics at Penn State.

Garth and Inky joined Faith Presbyterian

Church in 1964. Garth told me that he sang in the choir, had several terms as Elder and Deacon, painted the church and helped Bob Phillips mow the grass. He chuckled and said, "I kept the lawn mowers running so that Bob could mow." Inky attended Sunday school and occa-She led the Women of the sionally taught. Church bible study for several years. She and Garth were Youth Leaders and remember the great time they had taking the youth to the beach. Inky and Garth love Faith Presbyterian and the people here. It was through Faith that they met Kevin Cook who became like a son to them. Inky said Kevin has helped us in so many ways, fixing things, helping us move and visiting, just to mention a few. I guess for all of us, the blessing of relationships is an important blessing that we all receive by being an active

part of the church. Want to hear some jokes or talk



about old cars? Come to visit Garth. Like to play bridge? Let Inky know and she'll try to get you into a game. They live at Friends Home@ Guilford 925 New Garden Rd #121 and their phone number is 292 4941. Hope your visit will be as much fun as mine was.

Lois Bazhaw, RN

Healthwise Kids

And the angel said,.....for to you is born this day in the city of David a Savior, who is Christ to Lord. Luke 2:10

We have just celebrated Thanksgiving, a special time for counting our blessings. The blessing that I'm most thankful for is a most wonderful gift from God. That gift was His Son, Jesus. Jesus came to all of us as a baby lying in a manger. We celebrate his birth at Christmas. He grew up. Jesus had a ministry of teaching and service to others. And then he gave of himself for our sakes. That was Jesus' gift to us, that of grace. Those are really



super, tremendous gifts. God gave us His son and Jesus gave up his life; all for us. So what should our response to such gifts be? "Thank you, God."? That's a great start. God loves to hear us say thank you. But sometimes we need to do more. Sometime we need to put our thanks into action.

Opportunities are everywhere. One here at church is helping Mom shop for "Rice for the Ref-



ugees". Others could be packing up a bag lunch to give to a hungry person you might see on the street corner, helping get gifts and food for some families who wouldn't have anything for Christmas without you. You may send cards of joy to some folks who need to some Christmas happiness. Try it. Your greatest joy this

Christmas may not be the gifts you get but the gifts you give. Ask Mom and Dad if you can e-mail me YOUR Christmas Story. I'd like to post these stories on the bulletin board. My e-mail address is loisbazhaw@bellsouth.net.



Draw some other symbols of the Christmas Season. Merry Christmas. Miss Lois



Handling Holiday Stress

Stress is common any time of year, and especially so at the holidays. Here are tips for managing stress at this time:

- *Let go of perfect.* Some things will go wrong this season. There may be long lines, slippery weather, runny noses, and travel delays. Releasing the idea of a perfect holiday may ease frustration.
- **Don't overdo it.** Most people find holiday schedules demanding. There are service projects to help with, recitals to attend, and gifts to purchase. Give yourself permission to say "no" to some things.
- **Establish (and keep) a budget.** At the holidays, it's easy to spend money. To limit this, determine resources and create a budget. If funds are tight, consider giving homemade gifts or "help-time" (e.g., baking cookies, raking leaves). Or, talk with loved ones about donating to charity instead of exchanging presents.

Take care of yourself. Make sure to eat healthy, drink plenty of water, exercise and get adequate sleep during this busy time of year.

HAVE YOU GOTTEN YOUR FLU VACCINE?

It's not too late!

December 7–13, 2014 IS NATIONAL INFLUENZA VACCINATION WEEK

A yearly flu vaccine is recommended for everyone 6 months and older. Vaccination is especially important for protecting those at high risk for serious flu complications, including: young children, pregnant women, adults 65 years and older, anyone with chronic health conditions like asthma, diabetes, and heart disease.

www.cdc.gov/flu/nivw



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DECEMBER RESPONSIBILITIES

Elders of the Month: Graham Pope and Betsy Rule

Ushers: Please sign up in the narthex.

We are a loving faith family, worshipping and serving God, and testifying in word and deed as disciples of Jesus Christ.